

First Aid and Family Safeguarding Workshop



SAFE HANDS

**Learn the skills
that have the
potential to
SAVE A LIFE!**

High Hopes Dubai

Thursday 27th September | 09:30am - 11:30am

Please register attendance at reception

**Do you have an ICE
(in case of emergency)
plan?**

Covering the following subjects:

- Adult, Child and Infant CPR Techniques
- Choking Techniques
- Recovery Positions
- Guardianship of Children
- Estate Planning
- Medical Insurance explained from congenital birth defects to critical illnesses

**"Who would your children go to, if something was to happen to both parents in the UAE?"
– find out more at our free family safeguarding workshop**